

BREAKFAST PRICES

Paid Breakfast \$1.35
 Reduced Breakfast \$.30
 Adult Breakfast \$1.90

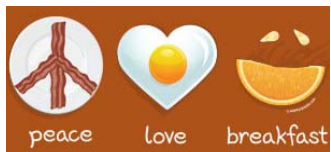
Please choose at least 3 of the 4 items offered for the school breakfast price.

Hot or Cold Entrée

(Contains: 2 servings of bread or 2 servings meat/ meat alternate or 1 serving bread & 1 serving meat/ meat alternate)

Fruit or 100% Fruit Juice

Choice of Milk

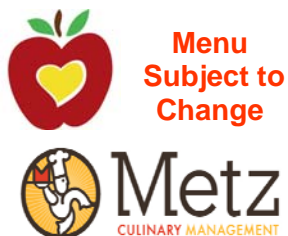


Fruit Choices May Include:

- 100% Orange Juice
- 100% Apple Juice
- 100% Grape Juice
- 100% Blueberry Juice
- Apples, Fruit Cocktail, Oranges, Peaches & Pears

Choice of Milk:

- Fat Free White 1% White
- Fat Free Chocolate,
- Fat Free Orange Cream
- Fat Free Strawberry & Fat Free Vanilla



Moon Area School District Elementary Breakfast Menu February 2012



Christie Leinger
 Food Service Director
 412-264-9440 X 1129
 cleinger@moonarea.net

Breakfast Includes:

- Choice of **Featured Entrée**
- Or **Daily Entree**
- Choice of **Fruit or 100% Juice**
- Choice of **Milk**



Available Everyday:

Assorted Cereal & Graham Crackers

- Choice of: **Fruit or 100% Juice**
- Choice of **Milk**

Yogurt & Graham Crackers

- Choice of: **Fruit or 100% Juice**
- Choice of **Milk**

Bagel

- Choice of: **Fruit or 100% Juice**
- Choice of **Milk**



No time for Breakfast?

According to a research article in the Journal of the American Dietetic Association, eating breakfast improves learning and overall health among children and adolescents.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For account, free and reduced lunch information please call the Food Service Office at 412-264-9440 X 1123</p>		<p>1 Flap Stick (sausage wrapped w/ pancake) Choice of Fruit or 100% Juice Choice of Milk</p>	<p>2 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>3 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>6 Mini Pancakes with Syrup Choice of Fruit or 100% Juice Choice of Milk</p>	<p>7 Mini Cinnamon Rolls Choice of Fruit or 100% Juice Choice of Milk</p>	<p>8 French Toast Sticks Choice of Fruit or 100% Juice Choice of Milk</p>	<p>9 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>10 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>13 NO SCHOOL</p>	<p>14 Mini French Toast Choice of Fruit or 100% Juice Choice of Milk</p>	<p>15 Flap Stick (sausage wrapped w/ pancake) Choice of Fruit or 100% Juice Choice of Milk</p>	<p>16 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>17 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>20 NO SCHOOL</p>	<p>21 Mini Pancakes with Syrup Choice of Fruit or 100% Juice Choice of Milk</p>	<p>22 French Toast Sticks Choice of Fruit or 100% Juice Choice of Milk</p>	<p>23 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>24 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>27 Mini Pancakes with Syrup Choice of Fruit or 100% Juice Choice of Milk</p>	<p>28 Mini French Toast Choice of Fruit or 100% Juice Choice of Milk</p>	<p>29 Flap Stick (sausage wrapped w/ pancake) Choice of Fruit or 100% Juice Choice of Milk</p>	<p>Please make checks payable to: Moon Area Food Service Money may also be deposited into your child's account online at www.payforit.net</p>	