

BREAKFAST PRICES

Paid Breakfast \$1.35
 Reduced Breakfast \$.30
 Adult Breakfast \$1.90

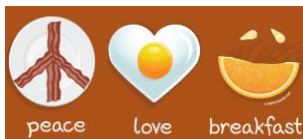
Please choose at least 3 of the 4 items offered for the school breakfast price.

Hot or Cold Entrée

(Contains: 2 servings of bread or 2 servings meat/ meat alternate or 1 serving bread & 1 serving meat/ meat alternate)

Fruit or 100% Fruit Juice

Choice of Milk



Fruit Choices May Include:

- 100% Orange Juice
- 100% Apple Juice
- 100% Grape Juice
- 100% Blueberry Juice
- Apples, Oranges, Peaches & Pears



Choice of Milk:
 Fat Free White
 1% White

- Fat Free Chocolate,
- Fat Free Orange Cream
- Fat Free Strawberry & Fat Free Vanilla

Menu Subject to Change



**Moon Area School District
 Middle School Breakfast Menu
 February 2012**



Christie Leinger
 Food Service Director
 412-264-9440 X 1129
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Breakfast Includes:

Choice of
Featured Entrée
 Or
Daily Entree

Choice of
Fruit or 100% Juice

Choice of
Milk

Available
Everyday:
Bagel

Choice of:
 Fruit or 100% Juice
 Choice of Milk
Assorted Cereal & Graham Crackers

Choice of:
 Fruit or 100% Juice
 Choice of Milk
Pop Tart & Graham Crackers

Choice of:
 Fruit or 100% Juice
 Choice of Milk
Yogurt & Graham Crackers
 Choice of:
 Fruit or 100% Juice
 Choice of Milk

No time for Breakfast?

According to a research article in the Journal of the American Dietetic Association, eating breakfast improves learning and overall health among children and adolescents.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For account, free and reduced lunch information please call the Food Service Office at 412-264-9440 X 1123</p>		<p>1 Flap Stick (sausage wrapped w/ pancake) Choice of Fruit or 100% Juice Choice of Milk</p>	<p>2 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>3 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>6 Mini Pancakes with Syrup Choice of Fruit or 100% Juice Choice of Milk</p>	<p>7 Breakfast Sandwich Choice of Fruit or 100% Juice Choice of Milk</p>	<p>8 French Toast Sticks Choice of Fruit or 100% Juice Choice of Milk</p>	<p>9 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>10 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>13 Mini Cinnamon Rolls Choice of Fruit or 100% Juice Choice of Milk</p>	<p>14 Breakfast Sandwich Choice of Fruit or 100% Juice Choice of Milk</p>	<p>15 Flap Stick (sausage wrapped w/ pancake) Choice of Fruit or 100% Juice Choice of Milk</p>	<p>16 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>	<p>17 NO SCHOOL</p>
<p>20 NO SCHOOL</p>	<p>21 Breakfast Sandwich Choice of Fruit or 100% Juice Choice of Milk</p>	<p>22 French Toast Sticks Choice of Fruit or 100% Juice Choice of Milk</p>	<p>23 Breakfast Pizza Choice of Fruit or 100% Juice Choice of Milk</p>	<p>24 Sprinkle Donut Choice of Fruit or 100% Juice Choice of Milk</p>
<p>27 Mini Pancakes with Syrup Choice of Fruit or 100% Juice Choice of Milk</p>	<p>28 Breakfast Sandwich Choice of Fruit or 100% Juice Choice of Milk</p>	<p>29 Flap Stick (sausage wrapped w/ pancake) Choice of Fruit or 100% Juice Choice of Milk</p>	<p>Please make checks payable to: Moon Area Food Service Money may also be deposited into your child's account online at www.payforit.net</p>	



