

Olweus Bullying Prevention Program

Moon Area School District

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The Olweus Bullying Prevention Program Is.....

- **Researched based –**
Norway(1980's) /
Philadelphia & Washington
- **Designed for ALL students**
- **Preventive AND responsive**

Our Main Goal

- Focused on **changing norms** and restructuring the school setting to achieve better peer relations
- To accomplish our objective, **TIME IS NECESSARY!**



Program Components

Partnership & Cooperation of the following:

- Students
- Parents
- Teachers and all school personnel
- Community

What is the Olweus Definition of Bullying in Everyday Language?

“Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.”

Three Components of Bullying

1. Involves an aggressive behavior.
2. Typically involves a pattern of behavior repeated over time.
3. Imbalance of power or strength



Direct Bullying

- Hitting, kicking, shoving, spitting
- Taunting, name-calling, degrading comments
- Threatening, obscene gestures

Indirect Bullying

- Getting another to bully someone
- Spreading rumors
- Social Isolation
- Cyber-bullying



Our Plan!

1. Coordinating committee training for each building.
2. Teacher training
3. All other school personnel trained including bus drivers.
4. Parent meetings and communication
4. Kick off activities in each building
5. Class meetings (approximately 20 students)
6. Deal with individual interventions
7. Evaluate program

Class Meetings

- Benchmark of the program
- Team building of students to students and students to teacher take place
- Bully Free Rules are discussed with activities to reinforce
- Role playing major component of activities
- Positive and negative consequences are in reference to Bully Free Rules are presented.
- Pro active strategies are presented to bully related situations
- Specific school issues and school district character attributes of the month are developed

Bully Free Rules!

- 1. We will not bully others*
- 2. We will help others who are being bullied*
- 3. We will include other students who are left out*
- 4. If we know that somebody is being bullied, we will tell an adult at school and an adult at home*

Working Together We Will ...

“Say No to Bullying”

&

*“Say Yes to Doing
the Right Thing”*

STEP UP

So others don't
get stepped on!