

Middle School January Lunch Menu

MONDAY
December 31

TUESDAY
January 1

WEDNESDAY
January 2

THURSDAY
January 3

FRIDAY
January 4

2018



2019



Daily Special

Soft Taco or Nachos with
Beef or Chicken & Cheese
Buttered Corn

Assorted Fruits & Vegetables

Daily Special

Pasta Bar w/ Salad & Breadstick
Meatballs or Grilled Chicken
Alfredo or Red Sauce

Assorted Fruits & Vegetables

January 7

Daily Special

General Tso's Chicken
w/ Brown Rice
Buttered Broccoli

Assorted Fruits & Vegetables



Daily Special

Pierogies w/ Buttered
Onions & Garlic Breadstick
Onions & Baked Beans

Assorted Fruits & Vegetables

January 9

Daily Special

Chicken Mashed
Potato Bowl
Buttered Corn

Assorted Fruits & Vegetables



Daily Special

Pepperoni Roll
with Marinara Sauce
Steamed Peas

Assorted Fruits & Vegetables

Daily Special

Pasta Bar w/ Salad & Breadstick
Meatballs or Grilled Chicken
Alfredo or Red Sauce

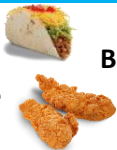
Assorted Fruits & Vegetables

January 14

Daily Special

Soft Taco or Nachos with
Beef or Chicken & Cheese
Corn & Refried Beans

Assorted Fruits & Vegetables



Daily Special

Buffalo Chicken Tenders
with Soft Pretzel
Carrots & Celery

Assorted Fruits & Vegetables

Daily Special

French Toast Sticks & Sausage
w/ Syrup Cup
Hash Browns

Assorted Fruits & Vegetables



Daily Special

Cherry Blossom Chicken
with Brown Rice
Buttered Broccoli

Assorted Fruits & Vegetables

Daily Special

Pasta Bar w/ Salad & Breadstick
Meatballs or Grilled Chicken
Alfredo or Red Sauce

Assorted Fruits & Vegetables

NO SCHOOL



Daily Special

Oven Roasted BBQ Chicken
w/ Stuffing
Mashed Potatoes & Gravy

Assorted Fruits & Vegetables

Daily Special

Chicken Lo Mein
w/ Fortune Cookie

Steamed Vegetable Blend

Assorted Fruits & Vegetables



Daily Special

Pepperoni Roll
with Marinara Sauce
Steamed Peas

Assorted Fruits & Vegetables

Daily Special

Pasta Bar w/ Salad & Breadstick
Meatballs or Grilled Chicken
Alfredo or Red Sauce

Assorted Fruits & Vegetables

January 28

Daily Special

Confetti Pancakes
Sausage w/ Syrup Cup
Hash Browns

Assorted Fruits & Vegetables



Daily Special

Hot Dogs
with Assorted Toppings
Coleslaw & Baked Beans

Assorted Fruits & Vegetables



Daily Special

Grilled Cheese with
Tomato Soup
Baby Carrots

Assorted Fruits & Vegetables



Daily Special

Roasted Turkey
with Stuffing
Mashed Potatoes & Gravy

Assorted Fruits & Vegetables



DAILY OPTIONS

A Lunch is \$3.00 And Consists of: Whole Grains, Meat / Meat Alternate, Fruit and / or Fruit Juice, Vegetables & Milk

Deli Bar Made to Order

Croissants, Hoagies, Wraps
& Sandwiches with Toppings



Salad Bar

Fresh Made Salads
with a Variety of Toppings



Pizza Pawlor

Fresh Made Pizza:
Cheese & Pepperoni



Stripes Grille

Chicken Nuggets & Soft Pretzel,
Hamburger, Cheeseburger & Chicken Sandwiches



To Make a Lunch: Choose at Least 3 Items, 1 Must be a Fruit or Vegetable All rBST Hormone Free Milk: 1% White, Fat Free: Chocolate, Strawberry, Vanilla & White

PAYMENTS

Access your child's balance, setup low balance alerts, make online payment and apply for free or reduced meal benefits at www.schoolcafe.com
Paper applications are available upon request. Please make checks payable to: MASD Food Service & write name and ID # on memo line.

QUESTIONS? Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email cleininger@moonarea.net

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