

High School January Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 11 Baked Potato w/ Butter Sour Cream, Chicken Noodle Soup & Tostitos Assorted Fruits & Veggies	January 12 Pasta w/ Meatballs, Red Sauce & Breadstick Assorted Fruits & Veggies	January 13 K to 12 MEALS TO GO at Moon Area High School Tuesday 4:45 p.m. to 5:45 p.m. Wednesday 11 a.m. -1 p.m.	January 14 Double Hot Dogs Ketchup, Mustard & Relish Assorted Fruits & Veggies	January 15 Nachos with Grilled Chicken & Cheddar Cheese Assorted Fruits & Veggies
January 18 NO SCHOOL 	January 19 Mashed Potato Bowl Crispy Chicken, Cheddar Cheese Corn, Mashed Potatoes & Gravy Assorted Fruits & Veggies	January 20 K to 12 MEALS TO GO at Moon Area High School Tuesday 4:45 p.m. to 5:45 p.m. Wednesday 11 a.m. -1 p.m.	January 21 Oven Roasted Chicken Wings w/ Warm Soft Pretzel & Apple Cinnamon Muffin Assorted Fruits & Veggies	January 22 Pepperoni Roll w/ Dipping Sauce Assorted Fruits & Veggies
January 25 Chicken Teriyaki Bowl w/ Brown Rice & Broccoli Assorted Fruits & Veggies	January 26 Cheesy Ravioli w/ Red Sauce Cookie Assorted Fruits & Veggies	January 27 K to 12 MEALS TO GO at Moon Area High School Tuesday 4:45 p.m. to 5:45 p.m. Wednesday 11 a.m. -1 p.m.	January 28 Grilled Cheese on Texas Toast Tomato Soup Assorted Fruits & Veggies	January 29 Pepperoni Roll w/ Dipping Sauce Assorted Fruits & Veggies
MONDAYS Warm WG Donut Assorted Fruits	TUESDAYS Warm WG Banana Bread Assorted Fruits	Available Daily Assorted Cereal and/ or Cereal Bars	THURSDAYS Warm WG Cinnamon Roll Assorted Fruits	FRIDAYS Warm WG Coco Bread Assorted Fruits

FREE BREAKFAST & LUNCH for ALL STUDENTS
THANK YOU FOR SUPPORTING MASD CAFETERIA!

WEDNESDAY MEALS TO GO
Please Visit:
<https://www.moonarea.net/administration/21>

Access your child's balance, setup low balance alerts & make online payments at www.schoolcafe.com

Make checks payable to:
 MASD Food Service.

Students only need funds on their accounts if purchasing ala cart items such as beverages or bagged snacks

DAILY OPTIONS

Daily Deli Special



Cheeseburger



Crispy Chicken Sandwich



Cheese Pizza



Grilled Chicken Salad
 Mixed greens, carrots, cucumbers, grape tomatoes, low fat cheese, whole grain croutons, WG rich Tostitos & cornbread or muffin



Baked Potato
 Baked potato with low fat cheddar cheese, all natural Daisy sour cream, Country Crock spread & whole grain rich Tostitos

GLUTEN FREE

A Lunch Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & rBST Hormone Free Milk

QUESTIONS? Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email cleininger@moonarea.net

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