


# December Middle School Lunch Menu

MONDAY November 29	TUESDAY November 30	WEDNESDAY December 1	THURSDAY December 2	FRIDAY December 3
<b>NO SCHOOL</b> <b>Thanksgiving Break</b>	 Cheeseburger Assorted Toppings <b>Bush's Baked Beans</b> Assorted Fruits & Veggies	 Buffalo Chicken & Cheese Pocket Carrots & Celery Assorted Fruits & Veggies	 Macaroni & Cheese Made with Land O Lakes Cheese Assorted Fruits & Veggies	 Cheesy Bosco Sticks Marinara Sauce Steamed Green Beans Assorted Fruits & Veggies
<b>December 6</b> Pancakes & Sausage with Syrup Cup Tater Tots Assorted Fruits & Veggies	<b>December 7</b> Sweet & Sour Chicken with Brown Rice Steamed Broccoli Assorted Fruits & Veggies	<b>December 8</b> Pasta with Marinara, Meatballs & Breadstick Garden Salad Assorted Fruits & Veggies	<b>December 9</b> Oven Roasted BBQ Chicken with Cornbread Mashed Potatoes & Gravy Assorted Fruits & Veggies	<b>December 10</b> Grilled Cheese on Texas Toast Baked Beans Assorted Fruits & Veggies
<b>December 13</b> Soft Taco with Seasoned Beef & Cheddar Cheese Steamed Corn Assorted Fruits & Veggies	<b>December 14</b> Chicken Parmesan with Pasta Garden Salad Assorted Fruits & Veggies	<b>December 15</b> with Breadstick Coleslaw & Baked Beans Assorted Fruits & Veggies	<b>December 16</b> Mandarin Orange Chicken with Brown Rice Steamed Broccoli Assorted Fruits & Veggies	<b>December 17</b> Pepperoni Roll with Marinara Sauce Steamed Corn Assorted Fruits & Veggies
<b>December 20</b> French Toast Sticks & Sausage with Syrup Cup Tater Tots Assorted Fruits & Veggies	<b>December 21</b> Pasta with Marinara, Meatballs & Breadstick Steamed Green Beans Assorted Fruits & Veggies	<b>December 22</b> Taco Pocket with Fritos Steamed Corn Assorted Fruits & Veggies	<b>December 23</b> <b>NO SCHOOL WINTER BREAK</b>	
<b>December 24</b> <b>NO SCHOOL</b>		<b>December 24</b> <b>NO SCHOOL</b>		

**FREE BREAKFAST & LUNCH for ALL STUDENTS!**

MASD cafeteria has openings for Cafeteria Workers at Allard and McCormick Elementary Schools. To apply visit [www.moonarea.net](http://www.moonarea.net) Select: Departments, Human Resources then Applitrack

Access your child's balance, setup low balance alerts & make online payments at [www.schoolcafe.com](http://www.schoolcafe.com). Students only need funds on their accounts if purchasing ala carte items such as bagged snacks, bottled water or milk.

Make checks payable to: **MASD Food Service**

## Daily Options

Served with choice of Milk & assorted Fruits and Vegetables

### Crispy Chicken Sandwich

Whole grain crispy chicken breast filet on a warm bun



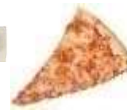
### Smucker's Uncrustable

Peanut butter & jelly sandwich, low fat cheese stick & Fritos



### Pizza

Fresh Made Pizza



### Garden Salad with Chicken

Cucumbers, tomatoes, carrots, low fat cheese stick, whole grain rich Tostitos & whole grain croutons



### Baked Potato

**GLUTEN FREE**

Baked potato, low fat cheddar cheese, all natural Daisy sour cream, Country Crock spread & whole grain rich Tostitos



**A Lunch Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & rBST Hormone Free Milk**

**QUESTIONS?** Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email [cleininger@moonarea.net](mailto:cleininger@moonarea.net)

 **USDA is an equal opportunity provider and employer** 

**Menu subject to change based upon product availability**

