

# October High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>October 4</b> Crispy Chicken Drumstick with Cornbread Corn Assorted Fruits & Veggies	<b>October 5</b> Soft Taco with Seasoned Beef & Cheddar Cheese Shredded Lettuce & Diced Tomato Assorted Fruits & Veggies	<b>October 6</b> Double Hot Dogs Assorted Toppings Baked Beans Assorted Fruits & Veggies	<b>October 7</b> Pasta with Marinara, Meatballs & Breadstick Assorted Fruits & Veggies	<b>October 8</b> Cheesy Italian Dunker with Marinara Assorted Fruits & Veggies
<b>October 11</b> <b>NO SCHOOL</b> <b>In - Service Day</b>	<b>October 12</b> Mandarin Orange Chicken with Brown Rice Steamed Broccoli Assorted Fruits & Veggies	<b>October 13</b> Grilled Cheese with Tomato Soup Assorted Fruits & Veggies	<b>October 14</b> Breaded Ravioli with Marinara Sauce & Breadstick Assorted Fruits & Veggies	<b>October 15</b> Cheesy Breadsticks with Marinara Assorted Fruits & Veggies
<b>October 18</b> French Toast Sticks & Sausage with Syrup Cup Assorted Fruits & Veggies	<b>October 19</b> Mrs. T's Pierogies with Breadstick Assorted Fruits & Veggies	<b>October 20</b> Cheese Steak Hoagie Baked Beans Assorted Fruits & Veggies	<b>October 21</b> Chicken Parmesan with Pasta Assorted Fruits & Veggies	<b>October 22</b> Cheesy Italian Dunker with Marinara Assorted Fruits & Veggies
<b>October 25</b> Tangerine Sweet Chili Chicken with Brown Rice Steamed Broccoli Assorted Fruits & Veggies	<b>October 26</b> Cheese Quesadilla with Tostitos Shredded Lettuce & Diced Tomato Assorted Fruits & Veggies	<b>October 27</b> Buffalo Chicken Tenders Soft Pretzel Baked Beans Assorted Fruits & Veggies	<b>October 28</b> Grilled Cheese with Tomato Soup Assorted Fruits & Veggies	<b>October 29</b> Pepperoni Roll with Marinara Sauce Assorted Fruits & Veggies

**FREE BREAKFAST & LUNCH for ALL STUDENTS!**

MASD has openings for the following positions: Cafeteria Workers, Nurse Assistant, Special Education Assistants & Building Assistants. Visit [www.moonarea.net](http://www.moonarea.net), Applitrack to apply.

Access your child's balance, setup low balance alerts & make online payments at [www.schoolcafe.com](http://www.schoolcafe.com). Students only need funds on their accounts if purchasing ala carte items such as bagged snacks, bottled water or milk.

Make checks payable to: **MASD Food Service**



## Daily Options

Served with choice of Milk & assorted Fruits and Vegetables

### Pizza P<sup>aw</sup>lor

Fresh Made Pizzas: Cheese, Pepperoni & Specials



### Smucker's Peanut Butter & Jelly Sandwich



Hoagies, Sandwiches & Wraps with Assorted Toppings

### Deli Bar Made to Order



**Salads**  
Fresh Made Salads with Assorted Toppings



### Stripes Grille

Cheeseburgers, Chicken Sandwiches & Specials



### Baked Potato

Baked potato, low fat cheddar cheese, all natural Daisy sour cream Country Crock spread & whole grain rich Tostitos



**A Lunch Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & rBST Hormone Free Milk**

**QUESTIONS?** Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email [cleininger@moonarea.net](mailto:cleininger@moonarea.net)

**USDA is an equal opportunity provider and employer**

**Menu subject to change based upon product availability**

