

ELEMENTARY BACK TO SCHOOL MENUS

MONDAY
AUGUST 26

TUESDAY
AUGUST 27

WEDNESDAY
AUGUST 28

THURSDAY
AUGUST 29

FRIDAY
AUGUST 30

Breakfast Menu



Lemon Loaf
or
Assorted Cereal
Assorted Fruits



Banana Cream Muffin
or
Assorted Cereal
Assorted Fruits



Lemon Loaf
or
Assorted Cereal
Assorted Fruits



Whole Grain Golden Dutch Waffle
Assorted Fruits



Pancake Wrapped Sausage on a Stick
Assorted Fruits



A Breakfast is \$1.50 And Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, & Milk

To Make a Breakfast: You Must Take 1 Fruit or Fruit Juice with Entree. All rBST Hormone Free Milk: 1% White, Chocolate, Strawberry, Vanilla

Lunch Menu

Brunch for Lunch
French Toast Sticks with Sausage
Watermelon
Cool Cucumber Slices



Honey Battered Corn Dog
Peaches
Garden Salad
Bush's Baked Beans



Chef Tiger's Mac & Cheese
Made with Land O Lakes Cheese
Applesauce
Sweet Green Peppers



Star Pretzel with Dipping Cheese & Yogurt
Blue Raspberry Smoothie
Mixed Berry Cup
Rockin' Red Peppers



Cheese Pizza Slice
Pears
Mini Tomatoes
Baby Carrots



A Lunch is \$2.85 And Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & Milk

To Make a Lunch: Choose at Least 3 Items, 1 Must be a Fruit or Vegetable All rBST Hormone Free Milk: 1% White, Chocolate, Strawberry, Vanilla

DAILY OPTIONS

Tyson Chicken Nuggets
Baked WG Nuggets w/
Warm WG Garlic Breadstick
& Assorted Dipping Sauces

Yogurt, Bagel & Cheese
LF Cherry Vanilla Yogurt w/
Whole Grain Bagel w/ Jelly &
LF Mozzarella Cheese Stick



Moon Munchable
Whole Grain Corn Chips w/
Cheddar Cheese Sauce &
LF Mozzarella String Cheese

Garden Salad w/ Chicken
Grilled Chicken, LF Shredded
Cheese, Carrots, Cucumbers,
Tomatoes & 2 WG Breadsticks



Baked Potato
Low Fat Shredded Cheese,
Whole Grain Corn Chips &
All Natural Sour Cream

Access your child's balance, setup low balance alerts, make online payments and apply for free or reduced meal benefits at www.schoolcafe.com Paper applications are available upon request.

Please make checks payable to: MASD Food Service & write name and ID # on memo line.

QUESTIONS? Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leining, Director of Food Services at 412-264-9440 ext. 1129 or email cleining@moonarea.net



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