

HIGH SCHOOL BACK TO SCHOOL MENUS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUGUST 26

AUGUST 27

AUGUST 28

AUGUST 29

AUGUST 30

Breakfast Menu

Mini Powdered Donuts



Assorted Fruits

Golden Whole Grain Dutch Waffle



Assorted Fruits

Mini Pizza Bagels



Assorted Fruits

Mini Confetti Pancakes



Assorted Fruits

Pancake Wrapped Sausage on a Stick



Assorted Fruits

A Breakfast is \$1.50 And Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, & Milk

To Make a Breakfast: You Must Take 1 Fruit or Fruit Juice with Entree. All rBST Hormone Free Milk: 1% White, Chocolate, Skim, Strawberry & Vanilla

Lunch Menu

Walking Taco or Nachos

with Beef or Chicken, Cheese
Corn, Black Beans, Refried Beans
Lettuce, Jalapenos, Tomatoes,
Mexican Rice, Salsa & Sour Cream
Assorted Fruits



General Tso's

Chicken w/
Brown Rice
Steamed Broccoli
Grape Tomatoes
Assorted Fruits



Pittsburgh

Steak Hoagie
w/ Mozzarella or Cheddar Cheese
Baked French Fries, Coleslaw,
Onions, Green & Red Peppers
Assorted Fruits



Grilled Cheese

on Texas Toast
Tomato Soup
Cucumber Slices
Baby Carrots
Assorted Fruits



Pasta Bar w/ Breadstick

Meatballs or Grilled Chicken
Alfredo or Red Sauce
Garden Salad
Cauliflower
Assorted Fruits



A Lunch is \$3.00 And Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & Milk

To Make a Lunch: Choose at Least 3 Items, 1 Must be a Fruit or Vegetable All rBST Hormone Free Milk: 1% White, Chocolate, Skim, Strawberry, Vanilla

DAILY OPTIONS

Deli Bar *Made to Order*

Croissants, Hoagies, Wraps
& Sandwiches with Toppings



Salad Bar

Fresh Made Salads
with Assorted Toppings



Pizza Pawlor

Fresh Baked Pizzas:
Cheese, Pepperoni & Specials



Stripes Grille

Chicken Nuggets & Soft Pretzel, Burgers
Chicken Sandwiches & Daily Specials



Access your child's balance, setup low balance alerts, make online payments and apply for free or reduced

meal benefits at www.schoolcafe.com Paper applications are available upon request.

Please make checks payable to: MASD Food Service & write name and ID # on memo line.

QUESTIONS? Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email cleininger@moonarea.net

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