

# MIDDLE SCHOOL BACK TO SCHOOL MENUS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUGUST 26

AUGUST 27

AUGUST 28

AUGUST 29

AUGUST 30

## Breakfast Menu

Mini Powdered Donuts



Assorted Fruits

Banana Cream Muffin



Assorted Fruits

Mini Pizza Bagels



Assorted Fruits

Golden Whole Grain Dutch Waffle



Assorted Fruits

Pancake Wrapped Sausage on a Stick



Assorted Fruits

A Breakfast is \$1.50 And Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, & Milk

To Make a Breakfast: You Must Take 1 Fruit or Fruit Juice with Entree. All rBST Hormone Free Milk: 1% White, Chocolate, Skim, Strawberry & Vanilla

## Lunch Menu

Brunch for Lunch  
Pancakes with Sausage and Syrup  
Hash Browns  
Baby Carrots  
Assorted Fruits



Mandarin Orange  
Chicken w/ Brown Rice  
Steamed Broccoli  
Grape Tomatoes  
Assorted Fruits



Hot Dogs with  
Jalapenos, ketchup, Mustard,  
Onions, Relish & Sauerkraut  
Baked Beans  
Coleslaw  
Assorted Fruits



Grilled Cheese on Texas Toast  
Tomato Soup  
Cucumber Slices  
Baby Carrots  
Assorted Fruits



Pasta Bar w/ Breadstick  
Meatballs or Grilled Chicken  
Alfredo or Red Sauce  
Garden Salad  
Cauliflower  
Assorted Fruits



A Lunch is \$3.00 And Consists of: Whole Grains, Meat / Meat Alternate, Assorted Fruits, Assorted Vegetables & Milk

To Make a Lunch: Choose at Least 3 Items, 1 Must be a Fruit or Vegetable All rBST Hormone Free Milk: 1% White, Chocolate, Skim, Strawberry, Vanilla

## DAILY OPTIONS

Deli Bar *Made to Order*



Croissants, Hoagies, Wraps & Sandwiches with Toppings



Salad Bar

Fresh Made Salads with Assorted Toppings



Pizza Pawlor

Fresh Baked Pizzas: Cheese, Pepperoni & Specials



Stripes Grille

Chicken Nuggets & Soft Pretzel, Burgers  
Chicken Sandwiches & Daily Specials



Access your child's balance, setup low balance alerts, make online payments and apply for free or reduced

meal benefits at [www.schoolcafe.com](http://www.schoolcafe.com) Paper applications are available upon request.

Please make checks payable to: MASD Food Service & write name and ID # on memo line.

**QUESTIONS?** Special dietary needs, account restrictions, benefit and account questions please contact:

Christie Leininger, Director of Food Services at 412-264-9440 ext. 1129 or email [cleininger@moonarea.net](mailto:cleininger@moonarea.net)

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