



What comes in a **BREAKFAST?** *A breakfast may have 4 items*

Fruit – Milk – Grains

A breakfast MUST HAVE 3 items with 1 being ½ cup fruit

May take 1 or 2 fruits

A “juice” is a fruit – Limit 1 juice per breakfast



What comes in a **LUNCH?** *A Lunch may have all 5 groups*

Vegetables – Fruits – Milk – Grain – Meat (Meat Alternative)

A lunch MUST HAVE 3 of the 5 groups with 1 being ½ cup fruit or vegetable

May take 1 or 2 vegetables

May take 1 or 2 fruits A “juice” is a fruit – Limit 1 juice per lunch



Elementary Pricing

- \$1.50 Student Breakfast
- \$.30 Student Reduced Breakfast
- \$2.85 Elementary Student Lunch
- \$.40 Student Reduced Lunch
- \$4.00 Staff Lunch
- \$2.25 Elementary Student Entrée
- \$3.00 Staff Entree
- \$.75 Juice, Fruit or Vegetable
- \$.90 Milk
- \$.75 Water 8 oz
- \$1.00 Water 16.9 oz
- \$.25 Mini Rice Krispies
- \$.75 Small Snack
- \$1.00 Large Snack

